# School Prospectus 2022





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# about

The One Woman Project is a registered, youth-led, not-for-profit organisation dedicated to providing quality education about global gender equality.

With bases in Queensland, Victoria and Tanzania, we deliver five key educational programs: in-school workshops, public seminars, rural road-trips, festivals and events, and campaigns.

We believe in the power of education to achieve global gender equality. Our programs aim to empower and up-skill our participants to create active and long-lasting change in their local, national and international communities, leading to a more educated — and equal — society. A move towards gender equality is a move towards a safer, stronger and fairer society.

The One Woman Project is a registered not-for-profit organisation with charity status through the Australian Charities and Not-for-profits Commission (ACNC) and holds Public Liability Insurance to the value of AUD \$10million.

All current volunteers have Working with Children Police Checks and active Blue Cards valid within their respective state or territory.

This School Prospectus details the two main opportunities for schools to get involved in spreading the message of equality - in-school workshops and our International Women's Day speaking program.

The information that was presented was relevant and current for the age group that we are working with.

Our speaker was well informed and relatable to the young women, and answered all questions that were asked.



YEAR 11 PASTORAL CARE TEACHER BRISBANE



To date, the One Woman Project has reached more than 25,000 people through our in-school educational programs and workshops. Each workshop can be tailored to the unique needs of your school.

Please note: all workshops can be tailored for specific audiences, including university students, staff and the general public.

## 1 INTRODUCTION TO GENDER AND EQUALITY

This introductory workshop starts the conversation around gender roles and stereotypes, their impact upon young people, and how this impact can be compounded by factors of race, class and sexuality.

## **Years 3-12**

## LEADERSHIP AND EQUALITY

This workshop explores women in leadership positions within businesses, politics, the not-for-profit sector, social enterprises and other organisations. With a detailed look at concepts such as the glass ceiling, sticky floor, glass escalator and unconscious bias, this workshop explores the various barriers that prevent women entering into leadership positions and examines ways to address these issues.

#### **Years 9-12**

## SOCIAL N

## **SOCIAL MEDIA AND ADVERTISING**

With Australian teenagers consuming more than seven hours of media per day, social media and advertising are pervasive within the lives of young people. This workshop explores the representations of men and women in advertising, the dangers of social media (from cyberbullying to body image) and equips young people with the tools needed to critically and safely consume media.

### **Years 7-12**

## 4

## **POP CULTURE AND EQUALITY**

Film, television and the music industry all play a key part in the lives of young people and the impact that these media sources have can be irreparable. This workshop explores how men and women are represented in media, as well as the impact pop culture has on the fight for global gender equality.

#### **Years 10-12**

## 5

### **EVERYDAY SEXISM IN SOCIETY**

Everyday sexism is a commonly used term, but what does it actually mean? This workshop explores the everyday situations in which individuals are subject to sexist and misogynistic behaviours - from online harassment to victim blaming. For older students, this workshop can address the relationships between discriminatory 'micro-aggressions' and large scale issues such as domestic violence and rape culture.

With practical tips and interactive discussion, this workshop equips young people with the skills to tackle everyday sexism at its source.

**Years 7-12** 



## **HEALTHY RELATIONSHIPS**

This topic primarily explores romantic relationships and friendships, but can be tailored to also include familial relationships. With interactive discussions about indicators of 'healthy' and 'unhealthy' relationships, this workshop explores consent, boundaries, communication strategies and practical tips for when relationships 'go bad'.

**Years 7-12** 



### THE CULTURE OF CONSENT

Following on from the 'Healthy Relationships' workshop, this workshop explores in depth the concept of consent through legal, ethical and practical perspectives. In particular, this workshop discusses autonomy within romantic relationships, and verbal / non-verbal consent cues.

This workshop focusses on consent in the context of sexual relationships; however, upon request, we can also discuss the role of consent in platonic or everyday contexts.

**Years 10-12** 



## DOMESTIC AND INTIMATE PARTNER VIOLENCE

Following on from the 'Healthy Relationships' and 'The Culture of Consent' workshops, this workshop explores domestic and intimate partner violence. This workshop broadly addresses financial, emotional, sexual and physical abuse. The root causes and indicators of domestic violence are discussed, as well as various strategies for stopping the violence.

**Years 10-12** 

## For primary schools



#### **GENDER JUSTICE CREW**

This fun, interactive and informative workshop will aim to educate kids (5-10 year olds) about gender stereotypes. This session will teach children the importance of learning to recognise and understand gender stereotypes and how to challenge prescribed gender roles and expectations. By breaking down harmful stereotypes, this workshop will promote gender equality amongst juniors!

Years Prep - Year 6

I believe that women and girls (and boys!) can do anything they want to.

If a girl wants to be a pilot she should. If a boy wants to be a stay-at-home dad he should.

There is no reason anyone should be treated as inferior or with less respect.

We just need to start taking about it in order to change it.

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LAUREN, YEAR 10



In addition to once-off in-school workshops, the One Woman Project team can also deliver workshops in series:

	CORE WORKSHOPS	OPTIONAL*
AN INTRODUCTION TO GENDER 3 WEEKS	An Introduction to Gender and Inequality	8 Everyday Sexism in Society 3 Social Media & Advertising 2 Pop Culture & Equality *CHOOSE TWO
A PRACTICAL APPROACH TO GENDER EQUALITY 5 WEEKS	An Introduction to Gender and Inequality  8 Everyday Sexism in Society  Social Media and Advertising	2 Pop Culture and Equality 4 Healthy Relationships 3 Social Media and Advertising *CHOOSE TWO
THE EMPOWERMENT PACKAGE 3 WEEKS	An Introduction to Gender and Equality  Everyday Sexism in Society	3 Social Media & Advertising 7 Leadership and Equality 2 Pop Culture and Equality *CHOOSE ONE
GENDER, HEALTH AND SAFETY 3 WEEKS	4 Healthy Relationships	B Everyday Sexism in Society  The Culture of Consent  Domestic and Intimate Partner Violence  Social Media & Advertising  *CHOOSE TWO

The presenters...did a fantastic job at engaging both our year 11 Modern History classes with specific, tailor-made content that both fit in with our historical subject matter and content, but also made links to the contemporary significance of issues surrounding gender equality today.

YEAR 11 COORDINATOR BRISBANE



Our pricing is dependent upon the precise requirements of the educational institution. Prices can be negotiated for schools which fall within rural, regional, remote or lower-socioeconomic communities.

Workshop costs include the design of the workshop (tailored to each individual school), delivery of the workshop, training of team members and administration costs. Travel is calculated by the head office in the respective state or territory.

For more information and a full quote, contact as at info@onewomanproject.org

## Indicative costs:

WORKSHOP HOURS	0-0.5	0.5–1	1–2	2-3	3+
COST	\$125.00	\$175.00	\$300.00	\$400.00	Per request
DISTANCE (KMS)	0–10	10–30	30–50	50-70	70–100
соѕт	\$0.00	\$30.00	\$50.00	\$70.00	\$100.00
NO. OF STUDENTS	0–30	30–50	50-80	80–100	100+
COST	\$0.00	\$25.00	\$50.00	\$100.00	Per request



## In addition to in-school workshops, the One Woman Project can also assist with guest speaking requests and International Women's Day events.

The One Woman Project has a team of passionate, educated and entertaining team members who can bring a spark to your International Women's Day or International Day of the Girl event, or any other gender and empowerment-focused activity!

From keynote presentations, to panel discussions (as panelists and moderators), to short engaging workshops, our team members have the expertise that you want at your event.

International Women's Day and International Day of the Girl presentations, panels and keynotes are provided free of charge.

For more information and to see the available team members, contact us.

## contact

- THEONEWOMANPROJECT
- INFO@ONEWOMANPROJECT.ORG
- O @ONEWOMANPROJECT
- ONEWOMANPROJECT.ORG
- 0406 168 690

